



July MENU

6/28 - 7/4

Bakery of the Week

Peach Muffin

Light and fluffy muffins made with fresh summer peaches, with a graham cracker streusel on top.

10:30am - 2:30pm

Hawaiian BBQ Chicken Bowl

Hawaiian BBQ Chicken Bowl is made with chicken, pineapple chunks, bell peppers, red onion, and a sweet BBQ sauce served over rice.

Garden Herb Snack Pack

Garden Herb Dip is a creamy, herby blend of fresh greens, yogurt, and garlic with bright, tangy flavor. Perfect for a light, refreshing snack.

2:30pm - 7:00pm

Protein - To - Go

Protein grilled to perfection and ready to reheat. Great alone or as an easy add-on to any meal.

7/5 - 7/11

Bakery of the Week

Chocolate Chip Cherry Cookies

Chewy cookies with chocolate chips, sweet cherries, and a hint of cinnamon.

10:30am - 2:30pm

Baked Ziti Bowl

Ziti pasta layered with rich tomato sauce, creamy ricotta, and melted mozzarella, baked until golden and bubbling.

Caesar Salad

A classic Caesar Salad made with fresh greens, homemade croutons, parmesan cheese, and homemade Caesar dressing. Perfect side for Baked Ziti.

2:30pm - 7:00pm

Protein - To - Go

Protein grilled to perfection and ready to reheat. Great alone or as an easy add-on to any meal.

Monthly Drinks

Sunburst Aerocano

A chilled espresso drink where rich espresso is aerated over ice, then finished with sweet peach syrup for a summer twist.

Mango Lemonade Refresher

Lemon juice, black tea, and housemade mango simple syrup for a refreshing drink for any summer day.

Sweet Cherry Smoothie

A refreshing smoothie made with cherries, pineapple, avocado, milk, and cherry juice.

7/12 - 7/18

Bakery of the Week

Texas Chocolate Sheet Cake

Fudgy, rich chocolate sheet cake topped with creamy peanut butter frosting.

10:30am - 2:30pm

Mediterranean Steak Bowl

Mediterranean Steak Bowl is made with seared steak, quinoa or rice, cucumber, cherry tomatoes, red onion, olives, feta, and a lemon-herb olive oil dressing.

Watermelon Feta Salad

Watermelon Feta Cucumber Salad is a fresh, juicy mix of sweet watermelon, crisp cucumber, and salty feta tossed in a light dressing. A cool, refreshing salad perfect for hot days.

2:30pm - 7:00pm

Protein-To-Go

Protein grilled to perfection and ready to reheat. Great alone or as an easy add-on to any meal.

7/19 - 7/25

Bakery of the Week

Fresh Peach Cake

A soft and light cake packed with fresh peaches and some chopped walnuts for the perfect seasonal treat.

10:30am - 2:30pm

Grilled Chicken Caprese Bowl

Grilled chicken topped with fresh mozzarella, tomatoes, basil, and balsamic glaze, served with seasonal summer vegetables.

Cowboy Caviar

Cowboy Caviar is a fresh mix of beans, corn, and veggies in a tangy dressing. Perfect with tortilla chips or pretzels. Grab it to go and bring it on the boat for an easy, refreshing snack.

2:30pm - 7:00pm

Protein-To-Go

Protein grilled to perfection and ready to reheat. Great alone or as an easy add-on to any meal.

